

A top-down view of various spa products and natural elements arranged on a white surface. In the top left is a round gold-rimmed jar filled with a thick, light green cream. To its right are several white orchid flowers with delicate pink speckles. Below the cream jar is a small white dish containing a white granular substance and a clear glass jar with a white lid. In the center is a smooth, oval-shaped bar of light-colored soap. At the bottom center is a small round wooden object. In the bottom right is a gold-rimmed bowl filled with several thin, round slices of fresh cucumber. On the left side, there is a large, vibrant green monstera leaf with a single white orchid flower resting on it. The background features a faint, light green pattern of stylized leaves and branches.

Rest, Relaxation
& Rejuvenation

2021 RATES

THE SPA

Spa Treatment

Explore a new kind of spa experience within a unique setting of Dubai Polo & Equestrian Club. Awaken your senses & feel re-energized with a variety of indulging treatments. Experience the mix of ingredients that not only enhance your natural glow but also wipe away the stresses & strains of daily life.

Benefit from our award-winning, luxury skincare brand, Natura Bisse, known for its scientifically-tested products, our treatments are designed to fight skin aging & dullness. the traditional therapies from different cultures.

These products provide you with treatments in the instant results, without causing the skin any disturbance. The treatments are the solution to various skin needs, combining the most avant-garde trends with technological innovation and the traditional therapies from different cultures.

We use the most appropriate tools & always approach from a perspective of excellence. Our goal is to offer the effectiveness of aesthetic techniques & the wellbeing of an urban spa experience.

FACIAL TREATMENT

The 3D Collagen Shock *(75 mins)*

Sculpts | Firms | Tightens

Remodeling & firming treatment that sculpts & defines your facial contour improves skin density & preserves moisture. This innovative facial provides an excellent lifting effect while revealing incredibly supple & plump skin.

AED 625

The Cure *(75 mins)*

Detoxifies | Restores | Hydrates

A proper antidote against the ravaging effects our modern lifestyle has on our skin. This deep cleansing facial includes an innovative enzymatic detox & steam to open & purify pores, as well as a meticulous extraction process, revealing extraordinarily soft & radiant skin.

AED 625

The Bespoke Facial *(60 mins)*

Purifies | Brightens | Balances | Revitalizes | Stimulates | Firms | Soothes | Comforts | Calms

This essential customized facial treatment experience re-energizes cellular function & reveals perfectly hydrated skin. The revitalizing power of Natura Bisse will decongest & brighten a dull complexion restoring clarity & a healthy glow. An antioxidant treatment that restores vitality to sun-damaged skin & helps minimize the signs of premature aging, stimulate collagen production & renew skin firmness or rebuild skin tolerance, visibly reduce sagging & reverse micro inflammation which causes premature aging. Specifically designed to reinforce the skin instantly, this tailored facial is a serious answer for hypersensitivity & rosacea

AED 499

The Express Facial *(30 mins)*

Cleanses | Hydrates | Calms

A revitalizing treatment to rejuvenate skin without exfoliation; ideal for all skin types. Perfect before that special date or as an introduction to facial protocols.

AED 300

BODY MASSAGE

Aromatherapy (60/80 mins)

AED 465/675

Aromatherapy is one of the most effective way to relax & balance your inner self. It helps to clear your mind & make space for new ideas & positive thoughts. Aromatherapy is an amazing combination of essential oils & relaxing massage. It helps eliminate anxiety to reach a state of peace & balance.

Deep Tissue Massage (60/80 mins)

AED 465/675

This massage helps eliminating the excesslactic acid & to regenerate tired & tight muscles, with an emphasis on leg & back areas. Combine with strong pressure is an invigorating stretching to help loosen tightened muscle & improves flexibility.

Balinese Massage (60/80 mins)

AED 465/675

This holistic massage uses a combination of gentle stretches, acupressure, reflexology & aromatherapy to stimulate the flow of blood, oxygen & energy around your body, to bring a sense of calm & deep relaxation.

Hot Stone Massage (90 mins)

AED 690

While all types of massage can help relieve pain caused by tense muscles, hot stone massage may provide greater relief if muscles are extremely tight or stiff. The heated stones provide the extra relaxation you need in releasing tension & easing sore muscles.

Reflexology Therapy (60 mins)

AED 410

Diagnostic pressure point massage of the feet, which helps to stimulate reflex points corresponding to different body organs & systems & promote a healing effect throughout the body.

Back Massage (30 mins)

AED 300

back massage effectively relieves pain as well as as increases range of movement, breaks down scar tissue & maintains healthy muscles.

BODY TREATMENTS

Detox Marine Essence (60 mins)

AED 435

| Detoxifies | Regenerates | Hydrates

Bamboo particles polish away dead skin cells while marine algae hydrate detoxifies & firms the body.

Lipocell Sculptor (60/80 mins)

AED 625

Slims Down | Firms | Sculpts

An ultra-concentrated slimming & anti-cellulite gel combined with advanced massage techniques to effectively contour your silhouette. The draining & detoxifying active ingredients prevent fat nodules to reduce volume for firmer, smoother skin.

Skin Enhancer Scrub (30 mins)

AED 300

Exfoliates | Softens | Renews

Select either the bamboo micro-fibers that effectively eliminate dead skin cells, leaving the skin smooth, soft & nourished or the citric exfoliation that revitalizes & brightens skin.

MANICURE & PEDICURE

Classic Manicure	(45 mins)	AED 105
Classic Pedicure	(50 mins)	AED 120
Combo Manicure & Pedicure	(90 mins)	AED 200
Polish Change	(20 mins)	AED 55
Paraffin Treatment	(30 mins)	AED 100
Gel Manicure	(60 Minutes)	AED 150
Gel Pedicure	(60 Minutes)	AED 180
Gel Polish Removal	(30 Minutes)	AED 55

WAXING

Full Legs	AED 125
Half Legs	AED 90
Bikini Line	AED 70
Full Arms	AED 105
Half Arms	AED 65
Underarms	AED 55
Upper Lip/Chin	AED 45

THE SPA

DUBAI POLO & EQUESTRIAN CLUB

For reservations, please call

T +971 4 362 7892 E thespa@poloclubdubai.com www.poloclubdubai.com